



NICU Nutrition Research Study

Who can be in this study?

Babies in the NICU who are fed breast milk, born at 32 weeks or earlier and weighed about 1 ½ -3 pounds at birth.

What is this study about?

This research study is being done to see how well different human milk fortifiers (HMFs) work in premature babies. Human milk fortifier is a liquid product that is added to breast milk and provides extra protein and nutrients to help meet premature babies' nutritional needs.

How long will my baby be in this study?

If your baby qualifies for this study, they will be in the study for about one month – until they are discharged from the hospital, reaches a certain weight, or changes to a formula to use at home.

What would happen if my baby took part in the study?

If you decide to have your baby take part in the research study:

- We will collect information about your baby and their medical history
- Your baby will be fed a liquid human milk fortifier (added to breast milk)
- We will collect blood samples from your baby
- We will collect stool samples from your baby

Who is in charge of this study?

Dr. Tucker is the NICU study doctor and will work with an experienced research team.

Will it cost me anything for my baby to be in this study? No

Will I be paid if my baby is in this study?

Yes, if your baby qualifies, you will be paid for your time and efforts in allowing your baby to participate.

Who do I call if I have questions?

The study team and your NICU doctor can answer any questions you may have while you decide if your baby can be in this study. They can be reached at (816) 983-6032 or mtucker1@cmh.edu or neonatalresearchcoordinators@cmh.edu