

QR code for mobile view

Inclusion Criteria:

- · Patients undergoing
 - Ganz Periacetabular Osteotomy
 - Surgical Hip Dislocation

Exclusion Criteria:

• Closed pelvic procedures

Postoperative Pain Management

Acute Pain Service consult and PCA only if poor pain trajectory anticipated by team

- Acetaminophen 12.5 mg/kg IV (max 1000 mg) q6 hrs
 - \circ Transition to PO acetaminophen 12.5 mg/kg (max 1000 mg) q6 hrs on POD 1
- **Diazepam** 0.05-0.1 mg/kg IV or PO (max 5 mg) q4-6 hrs prn
- Oxycodone 0.1 mg/kg PO (max 7.5 mg) q4 hours prn
- Hydromorphone 5 mcg/kg IV (max 500 mcg) q3 hrs for breakthrough pain or not tolerating PO

OR

- **Morphine** 0.05 mg/kg IV (max 4 mg) q2 hrs prn for breakthrough pain or not tolerating PO
- Celecoxib (for pts >25 kg) 100 mg PO BID
 - 1st dose given 12 hours after preoperative dose
 - $\, \circ \,$ Complete 21 days for heterotopic ossification prophylaxis
 - THIS IS INSTEAD OF KETOROLAC

Diet

Inpatient to Discharge

- Advance as tolerated
- Miralax 17 gm PO BID

DVT Prophylaxis

Aspirin 81 mg PO BID (for 30 days) start on POD 1

Inpatient Care

Dressings

• To remain on until 2 week follow-up appointment

Physical Activity

- PT consulted on POD 0
- TDWB

Labs

· No routine labs scheduled

Perioperative Antibiotics

• Cefazolin IV x 2 doses (30 mg/kg)

Discharge Readiness

The Goal is to Discharge on POD2

Discharge Requirements

- Tolerating oral intake
- Transitioned to oral pain medication with good pain control
- P.T. criteria passed

Discharge Teaching

 Post-op care instructions reviewed by team with family (available in Cerner depart education)

Follow-up appointment at 2 weeks

P.T. criteria

Patient is TDWB and must be able to:

- Transfer
- Ambulate
- Complete stairs (if applicable) with crutches/walker independently

Abbreviations:

BID PC = twice a day after meals POD = Post-operative day P.T. = physical therapy TDWB = touch down weight bearing

Prior to surgery algorithm

Intraoperative algorithm

Contact: EvidenceBasedPractice @cmh.edu

For additional information, link to synopsis

Last Updated: 6.28.24