

Advair Diskus

Advair Diskus® (fluticasone & salmeterol)


100/50mcg (low dose green label)

250/50mcg (medium dose yellow label)

500/50mcg (high dose red label)



Medicine	Need a spacer?	My dose
Controller (dry powder inhaler)	No	Check Asthma Action Plan



1. Remove cover by placing thumb on thumb grip and pushing to the side
2. Place thumb on the lever and move to the side until you hear a click and the counter decreases by 1
3. Hold diskus in a flat position with mouthpiece towards you.
4. Exhale away from diskus
5. Place mouth on mouthpiece with a tight seal
6. Breathe in through your mouth quickly and deeply
7. Hold breath as long as you can, around 10 seconds
8. Remove from mouth and exhale away from device, close diskus until you hear a click. Repeat steps 1-7 for each dose

Use the camera on your phone to scan this QR code for the Advair Website:



There is Information about:

- ◆ How to use the Advair Diskus
 - ◆ Click "Instructions for use"
 - ◆ Click arrow to watch Video