



Getting an NG Tube

A **nasogastric (NG) tube** can give your body medicine or liquid food.

The tube is thin and bends. It goes in your nose, down the back of your throat and into your stomach.

Here are the steps to getting an NG tube:

- 1 The nurse will get all the supplies needed.



2

The nurse will hold the tube close to your face and measure from your nose to your stomach.



3

Next, the nurse will put clear lotion or water on the end of the tube to help the tube go in easier.

4

Then the nurse will put the tube in your nose and down into your stomach. This may feel uncomfortable.

Ways to help the tube go in easier:

- Swallow while the tube is going down.
- Stay relaxed.
- Hold someone's hand or squeeze a squishy ball.



5

The nurse will tape the tube to the side of your face so the tube does not move.



The NG tube will stay in place as long as your body needs it. Your doctor will tell you when you do not need it anymore.

